# Outgoing Exchange Student Guidebook



# EMBRY-RIDDLE Aeronautical University

OFFICE OF GLOBAL ENGAGEMENT

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#### Introduction

Studying abroad is an unforgettable life experience, and the ERAU Office of Global Engagement is very excited that you have chosen to take advantage of this opportunity to further your studies and expose yourself to another culture around the world.

Reference the Semester & Yearlong Programs webpage for the application, list of schools and information on getting started.

This Guide Book offers practical information to aid your decision to study abroad, anywhere from getting started to arriving to your new university.

If you have any questions at all, contact us at <a href="mailto:goglobal@erau.edu">goglobal@erau.edu</a>! We have all the tools and knowledge to help you throughout the process!

Find us on Facebook, Instagram, Pinterest at Eagles Abroad Office of Global Engagement

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#### WHY STUDY ABROAD?

#### Stand out from the crowd

Show potential employers how you can not only adapt in a new and foreign environment, but thrive! International and cultural exposure are crucial in a melting pot workplace, especially in the aerospace industry.



#### **Stay on track for graduation**

Take the same courses you would take at Embry-Riddle, just in a different country.

#### **❖** Maintain your GPA

Your grades transfer as pass or not pass, so your GPA remains the same.

\*PRO TIP: Take your hardest courses abroad, you only need to pass to receive the necessary credit and won't ruin your hard-earned GPA.\*

#### **❖** Immerse at your comfort level

Moving to a new country is already a lot of change. You can choose to take your classes in English.

\*PRO TIP: Take a language course abroad so you can communicate with others; not only will it help you fit in and learn the culture, but it will build your résumé even more!\*

# Phi Beta Delta Honor Society

Phi Beta Delta is an academic and professional honor society dedicated to recognizing scholarly achievement in international education. Phi Beta Delta is unique because it is resolutely interdisciplinary and international. Its formal organization brought together numerous preexisting internally-oriented campus groups.

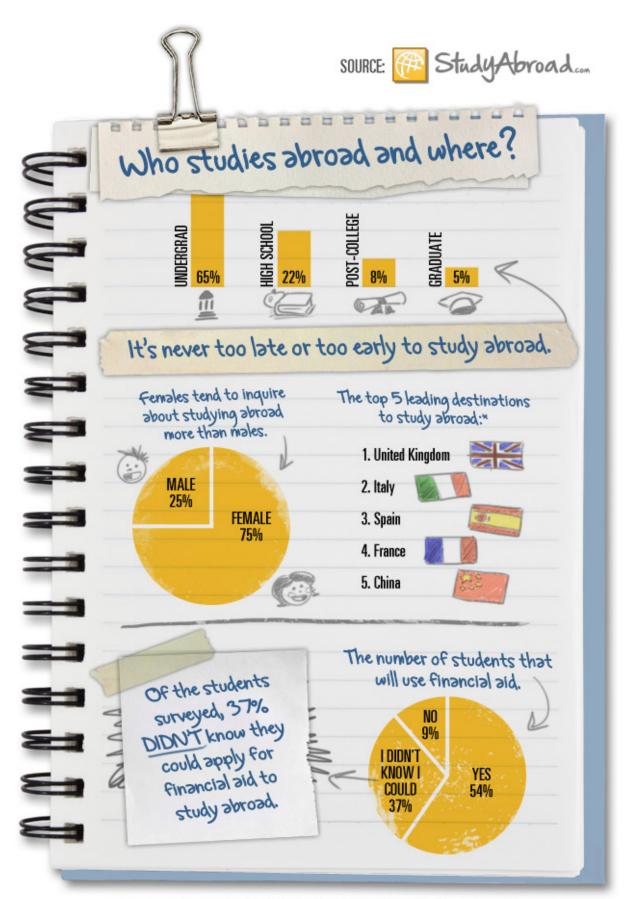
The goals of Phi Beta Delta are to recognize the scholarly achievement of international students and scholars who have studied abroad, and faculty and staff who are involved in international activities; to serve as a vehicle for the development of academic-based international programming; to provide a network on each campus of faculty, staff, and students involved in international endeavors; and, to extend this network to thousands of members in chapters throughout the world.



#### Requirements to be member are:

- To be an international student or a US student who studied abroad or a faculty member or staff who are involved in international activities
- Students need to have a minimum CGPA of 3.2 (if undergraduate) and a minimum CGPA of 3.5 (if graduate)

Contact the Office of Global Engagement for additional information.



# Myths Debunked!

Still not convinced? Here are common myths, BUSTED!

## "It costs more money..."

**BUSTED!** You pay normal ERAU tuition and all financial aid still applies, including scholarships and grants! A loan is calculated by the "cost of living" in the country of your choice; you can choose to take the loan to help pay for your expenses abroad. Some countries' cost of living is significantly lower than the USA; meaning rent, food, and travel is cheaper for you!

# "I don't know a foreign language..."

**BUSTED!** No need to be fluent in the native language, you can take all courses in English! By living and immersing in a foreign country, you will gradually learn the language.

\*PRO TIP: Many foreigners want to practice their English, make a deal with new friends to help each other learn!\*

# "I'm afraid to go alone..."

**BUSTED!** You are not alone! The university you choose will have many international students participating in the exchange program, just like you! You can also try to convince a friend from Embry-Riddle to join you! You could take the same courses or live together.

#### CHOOSING THE RIGHT PROGRAM



Choosing the right program that fits the needs of your future is easy when you have many options to choose from.

#### Universities to choose from...

















To learn more about the universities you may choose from, visit our website.

You may also contact our Exchange Program Coordinator, Miriam Gutierrez-Cunico at <a href="mailto:gutiem19@erau.edu">gutiem19@erau.edu</a>, who can guide you through the process.

We have many course equivalencies already established.

# **Bi-Lateral Exchange**

Open to every major offered at Embry-Riddle, with accredited universities in countries all across the globe.

Check them out on our website.

- > This will be an experience like no other
- Pay Embry-Riddle (ERAU) tuition; includes all financial aid
- Learn in English, or in another language
- Take courses that apply toward your degree or enjoy an internship
- ➤ Grading is Pass/Not Pass
- Programs for every major
- Live in another culture and make lifelong friendships



Exclusively for engineering students

Over 70 universities in 24 countries to choose from.

Your options will amaze you. Check it out on our website!



# **DAAD RISE Germany**

RISE Germany is a summer internship program for undergraduate students in the fields of biology, chemistry, physics, earth sciences, engineering, and computer science.

This program offers unique opportunities for bachelor degree students to work with research groups at universities and top research institutions across Germany for a duration of three months (minimum of ten weeks) during the summer.

For more information about this program, check out our website!



# International Internship

Want to work in research or as an intern for a company directly related to your degree? You could study abroad to take courses AND work! Just like at Embry-Riddle, research opportunities are available around the world.

First, find and apply for the internship or research opportunity you want.

**While** finding your internship, go to the Office of Global Engagement to help you get abroad. You must complete paperwork regardless whether you choose to complete an exchange program as well.

**Next,** work with <u>Career Services</u> to validate your contract and get credit based on the amount of hours worked.

# Still Interested?

Make sure this is the right move for you and your future.

#### **TALK**

Meet with Office of Global Engagement.

Talk to other students who have been on exchange – incoming and outgoing.

Speak with your advisor.

Talk to your parents.

# **RESEARCH**

Look at websites of schools that interest you.

Research the countries that interest you.

Search for scholarship opportunities. Talk to Financial Aid.

## **GET GOING – NEXT STEPS!**

# **Apply Now!**

Once you have selected a program, you will be able to click the



button!

# Pay

You can pay the \$100 application fee on the secure payment webpage.

# **Online Application**

You will complete your application online, and will need to gather other required documents.

**Documents required for the completed application are listed in the online application and include:** 

- ☑ Two letters of recommendation, one must be from a professor or staff from ERAU
- ☑ One page essay, (double spaced) describing why you would like to study abroad and what you expect to get out of your experience
- ☑ Course Selection Form signed by academic advisor
- ☑ Color copy of passport; not required initially if not available
- Sealed copy of official transcript. Our office is able to request from Records free of charge.

# Acceptance



WAIT for the Director's approval. Don't sweat the wait time; participants are chosen based on requirements met, completion of application and all support documentation, record with Dean of Students, & University exchange rate.

# **Additional Paperwork**

Keep in mind, there will be more paperwork to complete, but this can vary for each person and each university. You will receive notification about any additional documentation required.

### **Other Paperwork**

- o Course Equivalencies
- Host University or GE3 Application
- o Visa Application (completed individually)
- Travel Itinerary
- o Housing Application
- Passport Application (first time or renewal)

# **Course Equivalencies**

This is how you receive credit for the classes you take abroad. A course equivalency is when the program coordinator approves the materials taught abroad if they match the material taught at Embry-Riddle.

#### You will need to:

- Find and choose courses for your intended university
- o Compare them to the ERAU course description: are they similar?
- o Bring the course syllabi from your intended university to the program coordinator

# There are many course equivalencies already approved for our partner universities. Check with our office!

For example, a very partial list of courses approved for UNSW (University of New South Wales).

EE335, EE336		3	ELEC 1111	Electrical and Telecommunicating Engineering
GCS400 Equivs			ARTS2818	Australian Politics
			ARTS3279	Inequality in Australia
			ARTS 3816	US, China and International Law
HS310			ARTS2755	Development in Practice: Humanitarian
				Action
HS310			ARTS2248	Networking and Cyber Security
HS405			ARTS3819	
HU	Upper Level		ARTS2367 or	Philosophy of Art or
			ARTS3022	The Art & Science of Storytelling
HU	Upper Level	3	ARTS2062	Australian Cinova & Television
Tohoku	UNSW Universidad de Jaen	Univ of Ath	ons Univ of N	telbourne UPV UTT (GE3) Worms

#### **GET READY TO GO!**

# **Immigration Documents**

#### **Passport**

Make sure you have a valid passport with at least two full blank pages for your visa.

Passport must be valid for at least 6 months AFTER your expected return date.

If your passport does not meet the above requirements, apply for renewal as soon as possible.

#### **U.S. Postal Service (ON PREMISES PASSPORT SERVICE)**

500 Bill France Blvd \*Photo services also available\*
Daytona Beach, FL 32114

442 Miller Valley Road \*Photo services also available\* Prescott, Arizona 86301

USPS: (800)275-8777

**Worldwide campus students** – contact your nearest passport office or check with your local postal service.

**NEW PASSPORT** APPLICATION **ONLINE** 

**RENEWAL PASSPORT** APPLICATION ONLINE

#### **VISA**

Prescott students can work with The Center for International Programs and Services (CIPS).

Daytona Beach students can work with International Student & Scholar Services (ISSS)

Every country has a consulate general in every state of the USA. You'll need to visit the specific consulate for the country you wish to study in, in order to process your visa.

You will need a proof of residence in some form; a driver's license is the most common.

You will need your universities' acceptance letter into the exchange program with your full correct name and the start and end date of your exchange program.

Know the <u>location of the embassies</u> in the countries you plan to visit.

#### Before You Leave

- 1. Talk to your academic advisor to discuss both the courses you will be taking abroad, and those courses you will need to take when returning. Most students find that studying abroad is most beneficial when the courses you take abroad count for credit at your home college or university. Not all courses may count, in which case, your time abroad is still valuable for other reasons, but it's often best when your effort spent in the classroom is going toward your degree back home.
- 2. Look into phone plans and communication apps.
- 3. Make travel plans, including transportation from the airport to your university.
- 4. Make three copies of the informational pages of your passport. Carry one in your bags but separate from your passport, leave one in your home in the U.S., and leave one at your home abroad.
- 5. Start your trip with about \$300 in foreign currency to get you through your first few days abroad. Exchange your money before you get to your country of destination. More often than not, local banks will give you the best exchange rate and the lowest conversion fees.
- 6. Don't forget to take a copy of your birth certificate, proof of health insurance, a calling card, and an ISIC with you.
- 7. Consider buying a travel adapter plug. Not being able to charge your laptop when you finally land because the plug from your charger doesn't match the local outlets is not a good feeling.

# **FINANCES**

Confirm that all of your billing for school costs has been covered for tuition, as well as housing. If you aren't paying your home school directly, verify that your payments to the study abroad program or school are arranged. Let all scholarship sponsors know where you will be and to whom they should address scholarship checks.

If you're getting some sort of federal loan and/or scholarship, confirm that you've completed all of the necessary paperwork well before you leave in case you still need to return any forms. Lastly, make sure you let your bank and credit card company know that you won't be in the country for an extended period of time. This prevents them from freezing your account when they see that someone (who they wrongly assume isn't you) is traveling around the world with your card.

Basics of foreign banking.

- ATM machines overseas typically accept most U.S. bank ATM cards. The most popular are MasterCard, VISA, CIRRUS and NYCE. If you don't have one of those, just call customer service or get in touch with a bank representative who will tell you if your card is valid overseas.
- Withdrawal fees are hard to avoid, but it's better to know ahead of time what you're spending every time you use your card. Be sure to do some research. Some banks are part of the Global ATM Alliance which allows customers of their banks to use their ATM card or debit card at another bank within the Global ATM Alliance with no international ATM access fees. For example, Bank of America fees will not be charged for Barclay's branches in the UK or Deutsche Bank branches in Germany.
- Wiring money is always an option, but that is way too expensive in most cases.
- **Traveler's checks** are still an option although they're quickly becoming obsolete. If it's something you're looking into, try to get them in the currency of your abroad country so you aren't affected by the exchange rate.

When you're heading abroad, it is suggested to have at least \$300 in foreign currency for emergencies and basic costs like food and other necessities that you'll need when you arrive.

# Daytona Beach

Meet with ERNIE Central to talk about your financial aid! Make sure you have all of your study abroad finances taken care of well ahead of time. This includes making sure all of your financial commitments at home are being addressed and you've researched how you're going to maintain and organize your finances when you're abroad.

#### **Prescott**

Meet with <u>Financial Aid</u> to discuss your financial situation and to get finances taken care of prior to your departure. They can be contacted at <u>prfinaid@erau.edu</u>.

#### Worldwide

Meet with <u>Financial Aid</u> to discuss your financial situation and to get finances taken care of prior to your departure. They can be contacted at <u>wwfinaid@erau.edu</u>.

#### **Credit Cards**

Contact your bank before traveling abroad to let them know the travel location and date(s). If your credit card account suddenly shows purchases thousands of miles from your home, your card issuer might decline them as suspicious. To avoid confusion, let your issuer know your travel itinerary in advance so it doesn't freeze your account.

Bring a widely accepted credit card, such as Visa or MasterCard. If an establishment takes credit cards, it's a good bet that your Visa or MasterCard will work. American Express has an international presence, too, but it is accepted by fewer merchants. If your primary card is an AmEx, bring a Visa or MasterCard as a backup.

Discover is the least internationally accepted card network, so you may want to think twice about bringing one overseas. There are exceptions, though. In China, for example, the state-controlled network Union Pay dominates card acceptance, and a reciprocal agreement allows cardholders to use Discover wherever Union Pay is accepted. Keep that in mind if you're traveling to Shanghai (No. 40) or Beijing (No. 42). And in Japan — Tokyo is No. 2 on the list — Discover has a similar agreement with major card network JCB.

#### **Avoid foreign transaction fees**

Most credit cards charge a fee on every purchase you make outside the U.S.; 3% is a typical rate. That's an extra \$30 on a \$1,000 trip. Bring a credit <u>card with no foreign transaction fees</u>, and save yourself the expense.

#### **Understand chip-and-PIN**

Most U.S. credit cards now have EMV chips, but you still verify the transaction with a signature. Chip-and-PIN cards, in which you enter a code to verify your identity, are more common outside the U.S. You can still use chip-and-signature cards many places, but self-serve kiosks in Europe and elsewhere commonly require chip-and-PIN. See if your issuer offers chip-and-PIN, or at least keep this fact in mind when planning.

#### Say no to dynamic currency conversion

Dynamic currency conversion allows you to have a transaction conducted in U.S. dollars rather than the local currency, so you have a better idea what it's costing you. This may seem convenient, but it's expensive. The exchange rates for dynamic currency conversion are typically much worse than what your card issuer will use when it converts the purchase for your statement. So when offered the chance to "see your total in dollars," take a pass.

#### Research your card's travel protections

Some credit cards — especially those designed for travel — offer protections for delayed flights, lost luggage, trip cancellation, accident insurance and more. Book with the right card and enjoy peace of mind.

Bring more than one card. If your card is declined, you'll be glad you have a backup. Consider bringing cards that offer extra rewards for travel spending categories, such as restaurants, hotels and transportation costs. Make sure those bonus rewards apply outside the U.S.

To research cards, check out www.nerdwallet.com

#### **SAFETY**

Studying abroad is an experience that can satisfy twofold: it encourages a sense of wanderlust while still enabling you to receive an education—oftentimes providing much more than can be found inside the confines of a normal classroom. And while it's exciting to imagine the possibilities of your trip, it's also prudent to be prepared for what you don't want to happen. Read on for tips to help you stay safe while studying abroad.



### Be Well-versed in an area and its Laws

Make sure to review the State Department's <u>information</u> on specific countries, heeding travel warnings and familiarizing yourself with local laws. Register at the nearest U.S. Embassy or Consulate (available 24 hours a day, seven days a week), note their address and phone number, and carry this info with you; in case of an emergency or crime, contact them immediately.

# Stay Attentive and Informed

Research local customs, being aware of behavioral and social norms, and use discretion with dress and specific male-versus-female expectations. Understand and respect these cultural boundaries, but remember, never sacrifice your own safety to appease these differences.

# Circumvent Unsafe Areas and People

Travel in groups or at least with a trusted buddy, or make same-sex friends in the community who are able to offer guidance on making wise choices within that region. Be aware of your surroundings and never get to the point when you're too incapacitated to know what is going on around you. (Which ties into our next point...)

# Avoid Being Vulnerable

Remain alert, keeping equal tabs on your friends and drinks at the bar. Leave important or showy jewelry at home. Wear a purse or wallet close to your body, especially while in large crowds. (The unsightly "fanny packs" of yesteryear are gone and have been replaced with the more streamlined money belts, which fit smoothly and discreetly under clothes, making it harder for foreign hands to pilfer.)

# Use Long-standing Pointers That Work

As you may have heard at the airport or train station, never leave your baggage unattended or accept packages from strangers. Be wary of those asking too many questions or offering unsolicited help. Be confident when saying "no," and, if needed, keep saying "no"—even at the cost of sounding like a broken record.

# A Few Final Tips

All in all, avoid circumstances that put you in peril. Don't reward aggressive behaviors with aggressive behavior—if you don't feel right about something, keep your composure and remove yourself from that situation. Pay attention to any warning signals that may be going off in your head.

Once you've acknowledged the world is an interesting yet capricious hodgepodge of cultures, you'll find using common sense and your best judgment is often the best way to make studying abroad a fun, and, more importantly, safe experience.

#### Additional Reading:

<u>Sexual Harassment And Prevention In College Students Studying Abroad</u> <u>Traveler's Checklist</u>

#### COMMUNICATION

#### Many possibilities!

**Facetime** 

Skype

Google Voice/Duo

WhatsApp

Viber

### **ERAU Email**

Remember to check your ERAU email while abroad; it is the official communication method for ERAU students.

## eduroam

The global roaming wireless access service, eduroam, allows you to connect to any eduroam wireless network in the world instantly and securely. This service is available for all Embry-Riddle faculty, staff, and students and can be used at participating universities, national labs, museums, and other institutions around the world. On the Embry-Riddle Daytona Beach and Prescott campuses, eduroam-enabled visitors can connect to the service on our wireless network securely using their institution's login credentials. To connect to eduroam:

Go to your wireless networks on your mobile device and select "eduroam".

Enter your Embry-Riddle email address as your username, then enter your password.

For more information on how to use this new service, visit the <u>Self-Service Knowledge Base</u> and search for "eduroam".

View an interactive map of eduroam-enabled locations around the world.

### **Cell Phones**

An international trip doesn't have to break your budget when it comes to your cell phone. A good resource is <u>SmarterTravel.com</u>. There is an entire section on <u>international phone plans</u> that is updated routinely.

#### **Talk to Your Provider**

Have them unlock your phone so you can purchase a SIM card at your destination.

Depending on where you're traveling, your wireless provider may offer an international plan that is affordable for your destination. If your cell phone company does not provide an international plan, consider upgrading temporarily to a plan that gives you more data. You can verify coverage in your destination country and estimate how much data you will need by using tools such as <u>Verizon's International Trip Planner</u> or <u>AT&T's International Travel Guide</u>.

Aside from choosing an alternative plan, there are a number of steps you can take to stop or cut back on how much cellular data you use when you are out of the country. Avoiding massive data overages is the key to keeping costs under control.

#### **Turn off Roaming**

In order to stop cellular data use, turn off roaming. To do this, go to your settings, and look for roaming options. Set it to "Roaming Off." This is essentially the nuclear option and shuts off your cellular data entirely when you're out of the country. If you choose this option, you'll still be able to get phone calls and texts whenever you're logged into a <a href="Wi-Fi network">Wi-Fi network</a> or hotspot. But your phone will not send or receive data on networks such as 3G, 4G, or LTE.

#### Set Email to Fetch

This feature is only on iPhones. It turns off automatic downloads of new emails and lets you manually download your email when connected to a Wi-Fi network or hotspot, which is much cheaper. The best scenario is if you can live without email altogether, then turn off both "Push" and "Fetch." On an iPhone, in "Settings," go to "Mail, Contacts, Calendars" and toggle off your settings for "Push" and "Fetch New Data."

#### **Shut Down Non-Vital Apps**

This lets your phone download data only for the apps you want to use without having all your other apps also using up data. The fewer apps you leave turned on, the less risk of racking up hundreds of dollars in roaming charges. On an iPhone, in "Settings," go to "Cellular," then

toggle off any individual apps you will not need on your trip. On an Android phone, go to "Apps," pick your app and tap "Disable."

#### **Deactivate Texting**

By deactivating texting, this stops texts from being billed as data when you're away. When you're outside the country, iMessage and other calling and messaging apps are treated as pricey data rather than as text messages.

If you have an iPhone, go to "Settings," go to "Messages" and deactivate your messaging app (such as iMessage), along with MMS Messaging, and Group Messaging. If you have an Android phone, turn the phone on airplane mode and leave it that way for the entirety of your trip.

Before you leave for your trip, if there are some people that you need to stay connected to, then agree to download an app for live communication within a group even without an Internet connection or cellular network. When you get back home, simply reactivate your texting settings.

#### **Check Your Usage**

You should track your usage within the current billing period. As you leave the country, on an iPhone, click on "Reset Statistics" to reset your <u>data usage</u> tracker so you can see your usage for that specific trip. As your usage approaches your max for the month, consider turning off roaming. On an Android, you can set an alert to notify you if your data reaches a certain level.

#### **Do Not Stream**

Let family members know that streaming video and movies are banned on your trip. Instead, have everyone download content before leaving the U.S. This allows you to avoid streaming content, which is extremely data intensive and will make your bill exorbitant.

#### **Get a Temporary International Phone**

Signing up for international roaming plans and data plans aren't the only options. If you think you will need to make a lot of calls and will use the phone extensively, then you may want to consider purchasing a specialized international phone for traveling. These international <u>cell</u> phones often come with reduced data and international rates.

#### TRANSPORTATION



Studying abroad can be an amazing experience, but it can also be overwhelming to organize your trip. Besides packing and saying goodbye to your friends and family, you need to think about transportation. How are you going to get there?

# **Flights**

The first step is to buy your flight. It's a big step. Depending on your destination, international flights can range from \$400 to over \$2000. Once you book, it can be difficult to make changes. To make sure you pick the right flight the first time around, you need to explore all of your options.

We recommend that you book only a one-way ticket for your flight over. Many students decide to travel after the end of the program, booking a one-way ticket leaves room for this to happen!

Trip insurance is recommended.

Websites to look for flights:

- Skyscanner
- Tripadvisor
- Google Flights
- Booking.com

<u>Kayak</u> is a great resource for flights that many students have probably already heard of. It compares prices between different airlines. You can search by specific days/nearby airports, or "flexible days," where it looks for the cheapest flight in a time period. <u>Priceline</u> and <u>Travelocity</u> are also sites you've probably heard of that are good for booking flights.

A relatively new and unknown search tool is <u>Google's ITA Matrix</u>. While you can't book flights directly through the Matrix, it allows you even more flexibility when choosing items such as departure airport. For instance, if you live in Pennsylvania but are willing to drive to Maryland *or* New York to catch your flight, you can enter all airports at the same time to compare prices. It shows you all of the options, and once you make a choice you can go directly to the airline's website to make the booking.

Some other helpful sites designed specifically for students include <u>Student Universe</u>. These sites aren't just good for booking your flight over, though. They are also great for booking travel once you're abroad. After all, most students don't want to stay in one city for the whole semester. Studying abroad is a multi-cultural experience!

# **Ground Transportation**

When it comes to more localized travel, flying is not always the best option. The sites mentioned above can be useful for trains, buses and car rentals as well. In fact, between bordering countries trains are often the way to go. A lot of students opt to purchase a Eurail pass for longer trips. Eurail allows you to get a blank ticket to ride a certain amount of days between a certain number of countries depending on your needs. If you only want one ticket (not a whole week long pass), then you can save money by searching the Rail Europe site for individual rides. Last but not least, if you are traveling specifically between the UK and France, the Eurostar train that runs underneath the English Channel can be affordable if you book far enough in advance.

If you are traveling within one country, your best bet will be to research the city or country itself and go straight to the source. For instance, if you are studying abroad in London, you can go directly to the <u>Transport for London</u> site. It has a journey planner, a list of tube stations, and even bus maps. The UK also has a great national rail service for trips across the country if you're in the mood for a weekend getaway to somewhere like Edinburgh.

Reviews of just about every travel destination and attraction can be found on <u>TripAdvisor</u>. Wherever you go, don't forget to ask about student discounts. While many cities have their own versions of a student ID card, the International Student Identity Card (ISIC) works almost everywhere. Their <u>website</u> might be a good place to start.

Public transportation abroad is much bigger than it is here in the U.S., so take advantage of this resource during your time abroad!

Most major cities in Europe are massive. Sometimes, a lot of the major attractions, museums and landmarks are located relatively close to one another, but often times, you will have to travel across the city in order to make your rounds. That being said, the cheapest way to get around is obviously on foot, plus it allows you to actually explore the city and see the sights.

#### Taxi

Taxis, specifically in Europe, can cost a lot of money, and with the traffic on major city streets, it will probably end up taking you just as long to take a taxi as to walk. Now in a place like

London where the taxis are famous, it wouldn't hurt to take a quick ride just for the experience. And if you find yourself in Belfast, the black taxi tours are not to be missed.

Some places in Asia are an exception to the expensive cab fee stereotype.

In many countries outside of the U.S., the price of the cab ride is often set right when you get in the cab rather than at the end. Set a price and make sure the cabbie sticks to it. Don't be afraid to negotiate.

# Subway/Tram/Train/Bus

Often, when you buy a transit ticket, it includes all of the aforementioned modes of transportation. The underground (metro, tube, subway, etc.) is extremely quick and with day passes running at about \$7-\$8.00, it's also very cost efficient. If you aren't too keen on riding the subway, just hop on the bus instead (although the subway is still the most efficient mode of transportation in most major cities).

Another thing to keep in mind – check for obscure group rates if you are traveling with friends.

### **HOUSING**

Most of the time, you will be living in the dorms at the partner university during your time abroad. Housing costs are paid directly to the partner university.

Check with the partner university regarding housing options and expenses.

#### WHAT TO PACK

This will vary depending on the person and destination, but we've compiled a list of essentials to pack for your time abroad!

Consider the weather where you are traveling to – cold, rainy, hot, dry?

- Important documents and copies of each (passport, visa, ID, etc.)
- Cell phone
- Laptop
- Chargers
- Outlet adapter
- Toiletries (TSA compliant)
- Towels
- Backpack
- Formal attire
- Flip-flops/sandals
- Sneakers/walking shoes
- Pajamas
- Two weeks' worth of clothes (depending on country's climate)
- Medications (prescription and over-the-counter; talk to physician to obtain hard copy of prescription)
- Reusable water bottle